PSHE Learning Journey

BOHUNT FARNBOROUGH

Year 11

Exam Preparation and revision
- Revision Techniques
- Past Paper Practice
- Exam Techniques

Wider World/Being Independent
- Credit & Loans
- Wage Slips & Taxation
- Booking a holiday

Healthy Living
- Staying safe at Xmas
- Body Checks – Breast Cancer
- Healthy Living routine
- Body Checks – Testicular Cancer

Wider World
- HEON Revision techniques workshop
- How to make a revision timetable
- Memory/Retrieval Practice for revision

Year 10

Wider World
- Apprenticeships v College
- CV writing workshop
- Work Experience preparation
- Re-visit Financially Motivated Sextortion

Wider World
- Criminal Justice System
- Ethical Consumerism
- Sustainability

Healthy Living
- Self Harm
- Eating Disorders
- Body Image - stereotypes

Healthy Living
- Re-visit contraception – visit from Solent Health NHS
- Mental Health – strategies for GCSEs
- Intro to KS4 PSHE – new challenges

Relationships
- Contraception – pros & cons
- STI's

Relationships/wider world
- Immigration
- Different types of family
- Coping with bereavement

Wider World
- Gangs
- Knife Crime & County Lines

Healthy Living
- Resilience
- Setting SMART targets
- Looking after our mental health

Year 9

Wider World
- Pride – History of LGBTQ+
- Making ourselves employable
- Enterprise and Problem Solving

Relationships
- Radicalisation
- Hate Crime/Speech
- FGM

Relationships
- Image Sharing/Financially Motivated Sexual Extortion
- Consent Law
- Positive relationships

Healthy Living
- Risks and decision making
- Feelings & emotions
- Dangers of alcohol/drugs/smoking/vaping

Year 8

Healthy Living
- Diet and exercise
- Mental Health – causes and solutions

Wider World
- Water Safety
- Your Voice Counts – UK democracy

Wider World
- Online Safety
- Budgeting

Year 7

Healthy Living
- Mental Health – emotional wellbeing
- Introduction to PSHE

Healthy Living
- Internet Safety - cyberbullying
- First Aid
- Keeping safe – road safety

Relationships
- CPR/First Aid practical workshop
- Puberty
- Moods during puberty
- Importance of hygiene
- Bullying v Banter

Wider World
- Careers